

LAHIC HOSPITAL PANEL FORMAT

My name is _____ and I am an alcoholic. Are there any other alcoholics present?

We are members of the Los Angeles Hospital and Institution Committee of Alcoholics Anonymous. Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and to help other alcoholics to achieve sobriety.

WE BEGIN THIS MEETING WITH THE SERENITY PRAYER

It is customary to read selected portions from our book, "Alcoholics Anonymous."

I have asked _____ to read a portion of Chapter Five.
(CHAPTER THREE AND 12 TRADITIONS ARE OPTIONAL READING.)

I have asked _____ to read a portion of Chapter Three.

I have asked _____ to read our Twelve Traditions.

Before the panel members share I must state; Anything we say that is not a direct quote from our book "Alcoholics Anonymous" is our *PERSONAL EXPERIENCE ONLY*. We *DO NOT speak* for A.A. as a whole.

The Los Angeles Central Office of Alcoholics Anonymous can help you get to a meeting when you leave this facility. We suggest that you write to the Los Angeles Central Office prior to your release. When writing, please include your return address and the area in which you will reside. The address and 24-hour phone number is on the front cover of the meeting directory.

IF WE HAVE TIME (After our panel members have spoken)
THERE MAY **THEN** BE TIME FOR QUESTIONS AND ANSWERS.

During the question/answer period, we will then entertain any questions pertinent to Alcoholics Anonymous or our recovery from the disease of alcoholism.

I ask that you please withhold any questions or comments until after ALL of our panel members have spoken.

EXPLAIN LITERATURE IS AVAILABLE.

(Optional) QUESTION & ANSWER PERIOD

WE CLOSE WITH LORD'S PRAYER.